He has always had a passion for helping people. It doesn't matter which context, whether it is helping family, friends, people in the community, Mr. Graham Addah G. Wilfred is a nurse by profession as well a nutritionist with specialization in pediatrics. He is a lecturer in the Department of Nursing, School of science, University of Energy and Natural Resources-Sunyani. Graham's research is encapsulated under nursing leadership, nursing education and as well as cultural diversity and sensitivity in nursing care. His highest academic qualification is masters and currently a final year PhD in Nursing candidate. As a lecturer he is responsible for the delivery of both pre- and post-registration teaching in higher education. As well as playing an essential role in planning, developing and evaluating course modules.